

Yoga with Dana Spring 2013

January 2013							February 2013						
Sun	Mon 10:30am	Tue 6:30pm	Wed	Thu	Fri	Sat 10am	Sun	Mon 10:30am	Tue 6:30pm	Wed	Thu	Fri	Sat 10am
		1	2	3	4	5 Δ↓						1	2 Δ
6	7 Δ	8 Δ	9	10	11	12 Δ	3	4 Δ	5 Δ	6	7	8	9 Δ
13	14 Δ	15 Δ	16	17	18	19 Δ	10	11 Δ	12 Δ	13	14	15	16 Δ
20	21 Δ	22 Δ	23	24	25	26 Δ	17	18 Δ	19 Δ	20	21	22	23 Δ
27	28 Δ	29 Δ	30	31			24	25 Δ	26 Δ↑	27	28		
March 2013							April 2013						
Sun	Mon 10:30am	Tue 6:30pm	Wed	Thu	Fri	Sat 10am	Sun	Mon 10:30am	Tue 6:30pm	Wed	Thu	Fri	Sat 10am
					1	2 Δ↓	31	1 Δ	2 Δ	3	4	5	6 Δ
3	4 Δ	5 Δ	6	7	8	9 γ	7	8 Δ	9 Δ	10	11	12	13 Δ
10	11 γ	12 γ	13	14	15	16 γ	14	15 Δ	16 Δ	17	18	19	20 Δ
17	18 Δ	19 Δ	20	21	22	23 Δ	21	22 Δ	23 Δ	24	25	26	27 Δ
24	25 Δ	26 Δ	27	28	29	30 Δ	28	29 Δ↑	30 Δ				

↓ - start sessions; ↑ - end sessions; Δ - class
γ - no class (March 9th, 11th, 12th, 16th)

1st Sessions

Monday sessions (10:30am):
Jan 7th – Feb 25th → 8 wks.
Tuesday sessions (6:30pm):
Jan 8th – Feb 26th → 8 wks.
Saturday sessions (10am):
Jan 5th – Oct 23rd → 8 wks.



2nd Sessions

Monday sessions (10:30am):
March 4th – April 29th → 8 wks.
Tuesday sessions (6:30pm):
March 5th – April 30th → 8 wks.
Saturday sessions (10am):
March 2nd – April 27th → 7 wks.

Cost:

One class a week = \$10 per class; Two classes a week = \$7.50 per class;
Drop in = \$11 (welcome anytime)

Make ups can be made anytime during these sessions

More information at (316) 945-8188 or

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