

Yoga with Dana Winter / Spring 2012

January 2012							February 2012						
Sun	Mon 10:30am	Tue 6:30pm	Wed	Thu	Fri	Sat 10 am	Sun	Mon 10:30am	Tue 6:30pm	Wed	Thu	Fri	Sat 10 am
1*	2 Δ↓	3 Δ	4	5	6	7 Δ				1	2	3	4 Δ
8	9 Δ	10 Δ	11	12	13	14Δ	5	6 Δ	7 Δ	8	9	10	11 Δ
15	16Δ	17 Δ	18	19	20	21 Δ	12	13 Δ	14 Δ	15	16	17	18Δ
22	23 Δ	24Δ	25	26	27	28 Δ	19	20Δ	21 Δ	22	23	24	25 Δ
29	30 Δ	31Δ					26	27Δ	28Δ↑	29			

March 2012							April 2012						
Sun	Mon 10:30am	Tue 6:30pm	Wed	Thu	Fri	Sat 10 am	Sun	Mon 10:30am	Tue 6:30pm	Wed	Thu	Fri	Sat 10 am
				1	2	3 Δ↓	1	2 Δ	3 Δ	4	5	6	7 Δ
4	5 Δ	6 Δ	7	8	9	10 γ	8	9 Δ	10 Δ	11	12	13	14 Δ
11	12 γ	13 γ	14	15	16	17 Δ	15	16 Δ	17 Δ	18	19	20	21 Δ
18	19 Δ	20Δ	21	22	23	24 Δ	22	23 Δ	24Δ	25	26	27	28 Δ
25	26 Δ	27 Δ	28	29	30	31 Δ	29	30Δ↑					

↓ - start sessions; ↑ - end sessions; Δ - class
γ - no class (March 10th, 12th, 13th)



1st Sessions

Monday sessions (10:30am):
Jan 2nd – Feb 27th → 9 wks.
Tuesday sessions (6:30pm):
Jan 3rd – Feb 28th → 9 wks.
Saturday sessions (10am):
Jan 7th – Feb 25th → 8 wks.

2nd Sessions

Monday sessions (10:30am):
March 5th – April 30th → 8 wks.
Tuesday sessions (6:30pm):
March 6th – April 24th → 7 wks.
Saturday sessions (10am):
March 3rd – April 28th → 8 wks.

Cost:

One class a week = \$10 per class; Two classes a week = \$7.50 per class;
Drop in = \$11 (welcome anytime)

*** Upcoming Events ***

Special Class New Year's Day 1:30 – 3:30 with Dana & Jeffrey Faus
New Class Monday evenings 5:35–6:35 @ InnerWorks (Info: www.InnerWorks.org)

Make ups can be made anytime during these sessions

More information at (316) 945-8188 or
e-mail: danariffel@sbcglobal.net